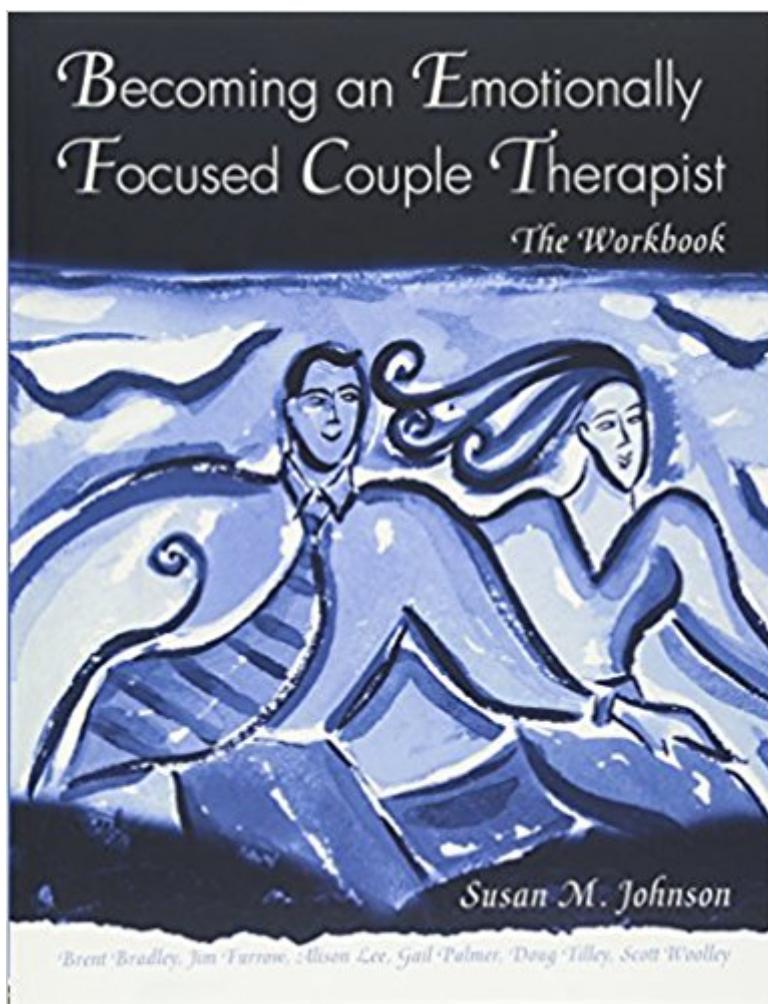


The book was found

# Becoming An Emotionally Focused Couple Therapist: The Workbook



## **Synopsis**

An invaluable tool for clinicians and students, *Becoming an Emotionally Focused Therapist: The Workbook* takes the reader on an adventure — the quest to become a competent, confident, and passionate couple and family therapist. In an accessible resource for training and supervision, seven expert therapists lead the reader through the nine essential steps of EFT with explicit intervention strategies. Suitable as a companion volume to *The Practice of Emotionally Focused Couple Therapy*, 2nd Ed. or as a stand-alone learning tool, the workbook provides an easy road-map to mastering the art of EFT with exercises, review sheets and practice models. Unprecedented in its novel and interactive approach, this is a must-have for all therapists searching for lasting and efficient results in couple therapy.

## **Book Information**

Paperback: 416 pages

Publisher: Routledge; 1 edition (September 9, 2005)

Language: English

ISBN-10: 0415947472

ISBN-13: 978-0415947473

Product Dimensions: 8.5 x 0.9 x 11 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 32 customer reviews

Best Sellers Rank: #30,821 in Books (See Top 100 in Books) #56 in Books > Textbooks > Engineering > Mechanical Engineering #102 in Books > Engineering & Transportation > Engineering > Mechanical #105 in Books > Medical Books > Psychology > Clinical Psychology

## **Customer Reviews**

"As a certified EFT therapist/supervisor, I found this workbook very informative and useful, with numerous examples of client scenarios and clinical interventions. The exercise questions are both pertinent and stimulating. This workbook can serve as supplementary material for small group discussions, role-play practice, and homework assignments when training EFT therapists." - Ting Lui in *Journal of Couple and Relationship Therapy*, Vol. 5, No.4.

A well-written workbook that helps you apply EFT to your work with couples and to your own relationships. Like its person-centered theoretical roots, the workbook helps you self-reflect as a way of connecting with the material.

This is a great workbook for learning Emotionally Focused Therapy. It is a good companion to "Creating Connection: The Practice of Emotionally Focused Couple Therapy. If you learn the model better from a workbook than from reading, this is a great way to learn EFT.

MUST HAVE when learning EFT

No complaints!! Product was as described and prompt delivery. Great pick!!

really helpful in understanding things for my marriage counseling class

Excelent!

Be prepared to spend tons of time reading, answering multiple choice questions, hunting down answers in the back of this clumsy oversized book. It is too much of a pretty good thing. Needs reworking and a good editor to trim it down and make it more user friendly. It has more words in it than the book *Becoming an Emotionally Focused Couple Therapist* and duplicates lots that is in that book. They need to redo this and its companion as a set. Right now it is only the covers that go together.

Thanks

[Download to continue reading...](#)

*Becoming an Emotionally Focused Couple Therapist: The Workbook Emotionally Focused Couple Therapy with Trauma Survivors: Strengthening Attachment Bonds (The Guilford Family Therapy Series)* *The Practice of Emotionally Focused Couple Therapy: Creating Connection (Basic Principles Into Practice Series)* *Emotionally Healthy Spirituality: It's Impossible to Be Spiritually Mature, While Remaining Emotionally Immature* *Dreeben-Irimia's Introduction To Physical Therapist Practice For Physical Therapist Assistants* *Couple Therapy: A New Hope-Focused Approach* *Becoming a Therapist: What Do I Say, and Why?* *On Becoming a Person: A Therapist's View of Psychotherapy* *Helping The Traumatized Child: A Workbook For Therapists (Helpful Materials To Support Therapists Using TFCBT: Trauma-Focused Cognitive Behavioral ... with FREE digital download of the book.)* *Becoming Me: Becoming Me by Caitlin O'Connor (Diary of a Teenage Girl Book 1)* *50 Things to Know About Becoming a Virtual Assistant: The Secrets to becoming a Great*

Virtual Assistant Mainstreaming Emotionally Disturbed Children (Syracuse Special Education and Rehabilitation Monograph Seri) Mainstreaming Emotionally Disturbed Children (Special Education & Rehabilitation Monograph Series) Living with Cancer: A Step-by-Step Guide for Coping Medically and Emotionally with a Serious Diagnosis (A Johns Hopkins Press Health Book) Psychopath Free: Expanded Edition: Recovering from Emotionally Abusive Relationships with Narcissists, Sociopaths & Other Toxic People The Emotionally Absent Mother, How to Overcome Your Childhood Neglect When You Don't Know Where To Start. The Emotionally Abused Woman: Overcoming Destructive Patterns and Reclaiming Yourself (Fawcett Book) The Emotionally Abusive Relationship: How to Stop Being Abused and How to Stop Abusing Adult Children of Emotionally Immature Parents: How to Heal from Distant, Rejecting, or Self-Involved Parents Negotiating the Nonnegotiable: How to Resolve Your Most Emotionally Charged Conflicts

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)